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**Harvest Pumpkins Look Good on the Front Porch and in Grandma's  
Pie, But They Look Even Better On your Face**

*Pumpkin Peel Facial is Pumpkinlicious for Fall Pick-Me-Up*

**Atlanta, GA (October 27, 2008)** – Spa Sydell, Atlanta's first full-service day spa, has been known for 26 years for its heavenly deep tissue massages, divine signature facials, pristine manicures and pedicures, and healthful detoxing body wraps. And now, Atlanta's only 'true spa, real spa' is pleased to offer a scrumptious new facial, perfect for the fall season. Appropriately called the '*Pumpkin Peel Facial*,' this luxurious concoction will cleanse and renew the skin, helping to keep the signs of aging at bay. "Pumpkin peel is a fruit enzyme exfoliation accelerator and a powerful anti-oxidant. As a natural repair therapy it has beta carotene and combats free radical damage," explained Karen Harris, Vice President of Spa Sydell. The peel also contains a full complement of vitamin A derivatives and protein building amino acids, vitamin C, co-enzymes and plant hormones.

Guests of Spa Sydell can be assured that all products used in skin treatments – including the Pumpkin Peel Facial -- have been formulated and tested by the spa's panel of senior massage therapists and aestheticians for safety and effectiveness. In fact, Spa Sydell founder, Sydell Harris, has laughingly referred to herself as the 'the human guinea pig,' because her delicate skin has had so many lotions and potions tested on it.

"With the holidays now looming before us, it's a great time to sneak away from the world to revitalize, refresh and renew, and our signature Pumpkin Peel Facial is a great start," said Harris. In fact, all of the signature Spa Sydell facials have earned the reputation of revitalizing

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one's skin so that clients can 'face' the world with a smile, particularly during the hustle and bustle and stressful nature of the holiday season. Throw in a full body massage, and all is well with the world!

To learn more about the Pumpkin Peel Facial and the health benefits of other Spa Sydell services and products, please call (404) 255-7727 or visit [www.spasydell.com](http://www.spasydell.com).

### **About Spa Sydell**

Founded in 1982 by Sydell and Arthur Harris, and their children, Karen Harris and Richard Harris, Spa Sydell was launched as Atlanta's first true full-service day spa with a single location in Buckhead, GA. Today, the successful family-owned day spa business has seven locations and more than 500 employees. Services offered by Spa Sydell range from a full complement of specialty athletic performance, deep tissue and prenatal massages, along with the latest in unique body treatments that include fruit medley and signature facials, manicures/pedicures; waxing and hand-sprayed organic tanning services. Spa Sydell locations include Alpharetta, Buckhead Plaza, Cumberland Mall, Forum at Peachtree Parkway, Gwinnett Place, Midtown at Brookwood Plaza and Park Place at Perimeter. For more information, visit [www.spasydell.com](http://www.spasydell.com) or call (404) 255-7727.

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